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Snuggle up and read the book. Your baby loves to spend time close to you, hearing the sound of your voice. Even if they don't look at the pictures that much, they are hearing the repeated language and rhythm of the text.

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Go on a bear hunt. Whether your child is carried, crawling or toddling, act out the story together around the house. You can use blankets, cushions and chairs to represent the mud etc or you can just pretend. Don't forget to rush into bed and cuddle under the covers at the end!

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Time to get messy! Either at the park or in a tray at home, let your baby feel the different textures in the story. With bare feet and hands, they can explore grass, mud, water and sticks. This is called 'sensory play' and is fantastic for their brain development.

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The story has a strong rhythm to it, so why not add music? You can try singing the story to your baby. Get out some pans, tupperware and wooden spoons and let them play along. It'll be noisy, but you are laying some of the foundations for reading as they explore sound-making.

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You can make a cave, just like in the story. Spread a blanket over some chairs and put cushions inside. Add fairy lights if you have them. You could get fabrics of different textures for your baby to explore or gather teddies and have a tea party. Or curl up and have a nap together.

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What other stories can you find that have bears in them? Look through the books at home, swap with a friend or visit the library. You could read *Brown Bear, Brown Bear, What Do You See?*; *Peace at Last*; *The Bumblebear*; *Biscuit Bear* or any others you come across.

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Give yourself a break and let someone else tell the story! Search for the story on YouTube. There are videos of the author (Michael Rosen) performing it, animations and even bear hunt yoga for kids. Make sure you always watch videos yourself before playing them for your baby.